

Hike the long mountain ridge that runs along the border between Saga and Fukuoka Prefectures!

Mt. Sefuri Area Guide Map

Traverse the Mt. Sefuri Trails Filled with History and Flowers

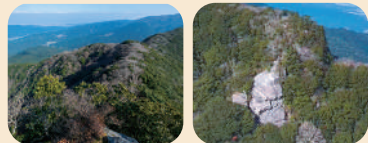
Mt. Sefuri (1054.6m), the highest peak in the Sefuri Mountain Range, is located on the border between Kanzaki City, Saga Prefecture, and Fukuoka City, Fukuoka Prefecture. It was selected as one of the 300 Most Famous Japanese Mountains by the Japanese Alpine Club in 1978. The mountain range is filled with ascetic Buddhist history — traces of this history can still be seen today. This beginner-friendly course traverses several peaks, including Mt. Sefuri. Though rocky in some places, these trails are adorned with beautiful plants depending on the season. In 1975, the entire 40km part of the Sefuri Mountain Range that stretches from Mt. Kizan (404m) in the east to Mt. Ukidade (805m) in the west, along with Kitayama Dam were designated as Sefuri Kitayama Prefectural Natural Park.

1 Onigahana Rock



Located on the border between Fukuoka and Saga prefectures, it is the largest rocky peak in the Sefuri Mountain Range. With a 100m tall sheer cliff on the Fukuoka side, this is also a great place to practice rappelling for rock climbing.

2 Ryoshiiwa Cliff Observation Point



From the top of this steep slope, enjoy a panoramic view with the village of Shiiba and Fukuoka City to the north, and the mountain range stretching to Mt. Sefuri to the east. The surrounding area is home to colorful azaleas and rhododendrons, which attract many visitors in spring. The large-flowered rhododendrons will surely relieve your fatigue!

3 Tojin no Mai



Literally meaning “dance of the Chinese person,” legend has it that long ago when a Chinese person visited this place, he was amazed by the splendid view and danced on the stone in memory of his faraway homeland. From the top of this giant triangular rock, visitors can enjoy sweeping views of Fukuoka City and Hakata Bay.

4 Shirasuna no Hiroba



A rarity even within the prefecture, where granite has eroded and turned into sand, giving the atmosphere of a Japanese garden. This clearing is often used as a resting and lunch spot, and in the spring, a tunnel of kobanomitsuba rhododendron flowers greets visitors.

5 Mt. Sefuri / Sefuri Shrine



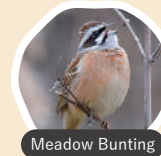
This is the highest peak (1054.6m) in the Sefuri Mountains, which runs east-west along the Fukuoka-Saga prefectural border. A site of mountain Buddhist ascetic practice said to be older than Mt. Hiko, Ryosenji Temple is considered the birthplace of Japanese tea cultivation. Together, the lower shrine (Sefuri Shrine) and summit shrine (Mt. Sefuri Jogu Daibenzaiten) are called “Sefuri Benzaiten,” one of the six Benzaiten shrines in Japan.



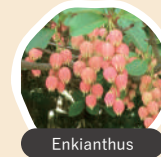
Saga Michi

Beginner Friendly Nature Trail

Experience this Saga travel route which connects local attractions about history, culture, hot springs, food, and more. Be a part of the new “OPEN-AIR Saga” lifestyle and enjoy various outdoor activities amongst Saga’s beautiful scenery.



Meadow Bunting



Enkianthus

Explore! Mt. Sefuri Routes



Filled with information about the area